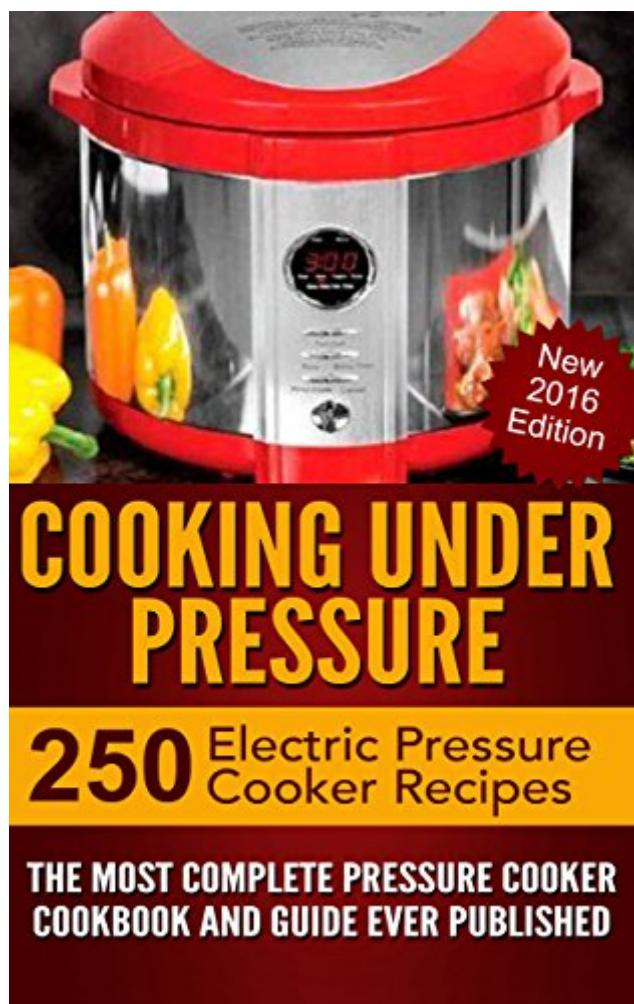


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# **Cooking Under Pressure -The Ultimate Electric Pressure Recipe Cookbook And Guide For Electric Pressure Cookers.: New 2016 Edition - Now Contains 250 Electric Pressure Cooker Recipes.**





## Synopsis

The Ultimate Electric Pressure Cooker Cookbook and Guide, "Cooking Under Pressure Revised 2016 Edition" (now with 250 Electric Pressure Cooker Recipes) and a Quick and Easy Dump recipe section, is the most complete electric pressure cooking book and guide ever published for Electric Pressure Cookers including the popular Instant Pot. The recipes can be converted for conventional pressure cookers as well. A Wolfgang Puck Electric Pressure Cooker was used to develop over 250 recipes in this book. Digital Electric Pressure Cookers are fast becoming a staple in more and more kitchens every day! Electric Pressure cooking is easy, but there are a lot of tricks in this book you can use to make your food even better. None of them are very difficult, and they can really enhance both the flavor, and appearance of your culinary creations. "Cooking Under Pressure" is not just another collection of cute pressure cooker recipes. It is an entire instructional to owning and using your electric pressure cooker, with tips on getting the most out of your unit, safety, maintenance, and even some history. It goes far beyond the meager information provided in most Owners Manuals, Learn how easily you can create healthy and nutritious meals in less then half the time and how to convert your favorite recipes for pressure cooker use, This is THE Pressure Cooker Cookbook! Newly updated for 2016 and now contains 250 pressure cooker recipes for Electric Pressure Cookers! If you have just bought an electric pressure cooker, or have one in your kitchen but you're not sure how to use it, this book is a MUST HAVE! If you thought pressure cookers were kind of old fashioned and out of date, you need to look again, especially at the newer self contained plug-in models, which can cook your food for you in a fraction of the normal time (without compromising on nutritional content or taste). 90% of the potential of your pressure cooker is going to waste if you don't learn these imaginative and valuable tips and recipes. You will be producing sumptuous meals and treats for your family in a fraction of the time you would spend on conventional cooking methods! You will be amazed at how easy, time-saving and flavor-enhancing these methods are. This is the Owner's Manual your pressure cooker SHOULD have come with!Some of the New Quick and Easy Electric Pressure Cooker Recipes:LEMON MARINADE CHICKENSAvory ChickenMeat LoafChicken & Shrimp JambalayaFrench Chicken StewPot RoastGarlic Chicken with Artichokes.Cashew ChickenChicken Country CaptainHerbed Chicken and MushroomsIn-a-Hurry Chicken CurryEasy Chicken TetrazziniKickinâ™ Chicken ChiliCaribbean Dump ChickenBarbecued Pot RoastChinese RibsHerb Wine Dump ChickenCowboy CasseroleCreamy ChickenChili Chicken dumpBBQ JELLY CHICKENAnd many more! Get this Electric pressure Cooker Cookbook and Guide NOW!

## Book Information

File Size: 5802 KB

Print Length: 190 pages

Publisher: Slhr Publishing Co. (October 5, 2012)

Publication Date: October 5, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B009MQB3SG

Text-to-Speech: Enabled

X-Ray: Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #9,851 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #4 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Reference #13 in Books > Reference > Encyclopedias & Subject Guides > Cooking #13 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Special Appliances

## **Customer Reviews**

I purchased this as an e-book to use on my tablet so I could use it on the countertop while preparing the many recipes in this easy-to-follow cookbook with simple but delicious menu ideas. (Shortly thereafter I also purchased a handy Smart Stand w/Stylus to hold my tablet upright.) I am 69 years old and was using my grandmother's old Presto on-the-stove pressure cooker but decided to treat myself to one of the newer electric pressure cookers, a GoWise 4 qt. which I also bought through . I thought Cooking Under Pressure would help me not only familiarize myself with the newer technology but also give my recipe repertoire a lift, which it has and will. For new pressure cooker users, Part One offers the basics of pressure cooking along with helpful maintenance and repair information. There are also special techniques and useful methods for pressure cooking included such as how to make popcorn, hard cooked eggs, and do canning. Many new pressure cooker users are unfamiliar with cooking times for various foods or, like me, needing reminders over time. This informative cookbook graphically describes cooking times for various meats, seafood, beans, rice, grains, and vegetables in Part Two so foods not included in the recipes which follow can be correctly prepared. Along with 29 original recipes, Part Three goes on to a wide variety of over 150 other recipes for all types of foods including some delicious sounding dump recipes,

desserts, and vegetarian fare. I have made a beef stew in 40 minutes with potatoes, carrots, and celery which was moist and tender and very tasty. I did not have "real" carrots so used a supply of dehydrated diced carrots, which rehydrated and plumped beautifully while the potatoes held their shape.

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